

ACES with Resiliency Skills (Confirmed or Suspected)

(For reasons of confidentiality, ACEs are not to be marked within this plan. Resiliencies should be used to guide intervention planning)

★ Sexual Abuse

- Hope
- Sense of control
- Learning to solve problems and make decisions
- Trust
- Letting a child know you are available to help

★ Physical Abuse

- Attachment to a caring adult
- Developing self-esteem
- Learning to ask for help
- Expressing feelings
- Learning to self-advocate

★ Emotional Abuse

- Showing empathy
- Developing self-esteem
- Developing a sense of control
- Developing friendships

★ Physical Neglect

- Learning to ask for help
- Expressing feelings
- Developing self-esteem
- Developing a sense of control
- Hope

★ Emotional Neglect

- Attachment to a caring adult
- Developing friendships
- Developing self-esteem
- Experiencing success
- Express Feelings
- Developing a sense of control
- Hope

★ Loss of a Parent

- Attachment to a caring adult
- Sense of belonging
- Ability to calm oneself
- Expressing feelings

★ Witnessing Family Violence

- Sense of belonging
- Learning to ask for help
- Trust
- Helping to appreciate cultural and ethnic heritage
- Critical thinking skills

★ Incarceration of a Family Member

- Attachment to a caring adult
- Trust
- Hope
- Developing self-esteem
- Verbally saying "I love you"

★ Mentally Ill, Depressed, or Suicidal Family Member

- Attachment to a caring adult
- Helping a child learn to express his/her feelings

★ Drug Addicted or Alcoholic Family Member

- Developing friendships
- Developing a sense of control
- Trust
- Expressing feelings
- Developing self-esteem

Details/Concerns: